



The Air Times

Stay connected with Air Time by catching up with our latest news and finding out about our upcoming projects and events

Issue 1 - April 2025

From the Directors

Air Time turned 1 in April 2025! We can't believe that Air Time has already been incorporated as a Community Interest Company (CIC) for a year. The year has been about finding our feet, including refining our vision and mission. We have spent time networking and some of this effort is beginning to bear fruit. There has been some 'trial and learn' along the way too as we test out different modes of delivery.

Securing the contract to lead the delivery of My Green Future (read more below) exceeded our expectations for our activity in our first year - we hope to build on this success in the year ahead.

We will be publishing this newsletter quarterly to keep you updated.

From Jo, Jay and Andrew

My Green Future

From November 2024 to February 2025, Air Time facilitated a programme of My Green Future (MGF).

MGF is a 12 week environmental volunteer and training programme delivered at a variety of outdoor locations across Surrey.

The programme is aimed at young people, 18 to 24, who are considering a career in the environment sector.



Participants on MGF learn practical conservation skills, habitat management techniques, wildlife identification skills and much more.

The programme also offers participants an opportunity to make new friends and get involved in other, similar projects. Some of the MGF participants have gone on to take part in a [NatureWorks](#) programme.



You can find more information about My Green Future and Air Time on the [‘My Green Future’](#) **Nature Works** Air Time website.

We will also publish a full evaluation of the programme in time for our July 2025 newsletter.

NatureWorks

In collaboration with the Surrey Hills Society, Air Time has been delivering a programme of NatureWorks in a community garden space at Denbies Wine Estate, in Dorking.

NatureWorks programmes are all about taking part in meaningful outdoor activities that foster a deeper connection to nature.

You can find out more about NatureWorks on the [NatureWorks](#) page of the Air Time website.

We have also recently secured a grant to run our first Sussex-based programme of NatureWorks. There will be more information about this in our next newsletter.

News from EDEN

The next Ethnically Diverse Environment Network (EDEN) event will be a programme of NatureWorks running at Denbies Wine Estate from June to July 2025. There will be more about this in the next newsletter.

If you are interested in signing-up, or finding out more, visit our [NatureWorks at Denbies](#) page.

Social Media

We will publish this newsletter quarterly, but in the meantime, you can keep in touch with us via our socials:

Facebook: [Air Time CIC | Facebook](#)

Do you shop at the Co-Op?

If you shop at the Co-Op did you know you could be supporting Air Time each time you do by joining the Co-Op as a member?

Not only will you get access to in-store discounts, but you will also get a chance to nominate Air Time to receive a share of the Co-Op's Local Community Fund.

For more information, and to explore other ways to support Air Time's mission, please visit our [Support Us](#) page.

Tool Sharpening Workshop

On the 10th May Air Time will be running our first 'paid' event.

Our paid events help us to generate income to fund our community work.

If you have tools that need sharpening then sign up and come along.

To find out more and to sign up, visit our [Events](#) page.

Instagram: [Air Time CIC \(@air_time_cic\)](#) •
[Instagram photos and videos](#)

LinkedIn: [Air Time CIC: Overview](#) | [LinkedIn](#)

Mental Health First Aid (MHFA) Training

Did you know, Air Time delivers Mental Health First Aid (MHFA) Training accredited by Mental Health First Aid England?

We also offer other mental health and wellbeing training including mental health skills for line managers, suicide prevention and mental health awareness training.

To see if Air Time can meet your needs visit our [Training](#) page.

Website - www.air-time.org.uk

We have been refining our website over the last year and recently added an [In the press](#)

We have sent this Newsletter to you because you are a friend or partner of Air Time - if you would prefer not to receive the Newsletter, and/or other communications from Air Time in future please email info@air-time.org.uk or contact us on our training page. We will keep you posted on our training as we approach the race and release fundraising details later this year.



Tool Sharpening Workshop
Saturday 10th May 2025, 10am – 12pm
Ashurst Village Hall, The Street, Ashurst, Steyning BN44 3AP

Do your tools feel blunt and difficult to use?

In this practical and friendly workshop, you'll learn how to sharpen your tools with confidence.

Cost: £28
including booking fee

What You'll Learn:

- Sharpening basics – understanding blade angles and edge types
- Choosing the right sharpening tools
- Simple, step-by-step techniques to sharpen your own tools
- Tips for keeping your tools sharper for longer

Click to book ➔

You'll get plenty of hands-on practice, guided demonstrations, and expert advice to help you feel confident in sharpening all the different tools you own.

Bring your own tools to sharpen on the day.

Scan to book

Air Time CIC is a non-profit organisation connecting people to nature

info@air-time.org.uk

 

Brighton Marathon 2026

Directors and friends of Air Time are preparing to take on the challenge of the Brighton Marathon, in 2026, to fundraise for

Air Time's core running costs.

We will keep you posted on our training as we approach the race and release fundraising details later this year.

www.air-time.org.uk

Addressing health inequalities through nature connectedness and psychotherapeutic counselling

